

Not a lack of trust, but an act of love.

THE BIG IDEA

Technology isn't evil, but it is powerful. And power must be respected.
Like a brick, it can build or break.

We can't settle for ignorance. Learn it, leverage it, and lead your family well.

THE DIGITAL REALITY

Our kids have never known life without Wi-Fi.

Avg age of first smartphone is 10. Avg age of first exposure to pornography is 11.

If we don't disciple our kids through technology, the algorithm will.

THE GOAL

Don't try to prevent every problem — prepare your kids for the world they're already in.

Open communication is key. Remind them, "I'm in your corner."

Freedom increases with trust. Simulate "what if" situations before they happen.

GUARDRAILS THAT WORK

HOME: **Create a central charging station.** No phones in bedrooms overnight.

DEVICE: **You own it; they use it.** Use filters and tools like Bark, BrightCanary, & Canopy.

FAMILY: **You set the pace.** Have tech-free meals. Scripture before screens.

CONVERSATIONS THAT BUILD TRUST

You can't out-tech your kids, but you must out-love them. Discern when they're testing.

Freak out on the inside, not the outside. Ask questions that connect, not condemn.

Be quick to listen, slow to speak, and slow to become angry (James 1:19)

THE TRUST ECONOMY

Freedom is earned by trust; trust is earned by responsibility.

When trust breaks, rebuild it with grace and honesty. Parent with the end in mind.

If you wish you'd started sooner, start today.

REMEMBER

You're not just protecting devices, you're shepherding hearts. **The cement is still wet.**

Parenting in a tech world isn't about fear; it's about faithfulness.

Ultimately, **it's not about a lack of trust, but an act of love**

ENCOURAGEMENT

Proverbs 22:6 – Start children off on the way they should go, and even when they are old they will not turn from it.

Romans 12:2 – Do not conform to the pattern of this world, but be transformed by the renewing of your mind.

Proverbs 4:23 – Above all else, guard your heart, for everything you do flows from it.

Psalms 101:3 – I will not look with approval on anything that is vile.

Deuteronomy 6:6–7 – Talk about [God's Word] when you sit at home and when you walk along the road, when you lie down and when you get up.

RECOMMENDED RESOURCES

PARENTAL CONTROL TOOLS - BightCanary (brightcanary.io), Bark (bark.us), Canopy (canopy.us), Circle (aura.com), Gryphon (gryphonconnect.com)

BOOKS - Habits of the Household (Earley), Every Parent's Guide to Navigating Our Digital World (Powell, Bamford, Griffin), The Tech-Wise Family (Crouch), Parenting in a Tech World (McKee, Jordan), Anxious Generation (Haidt)

WEBSITES - ScreenSanity.org, Axis.org, CommonSenseMedia.org



parents,
you're not alone.